

Women's Self-Defense Course

Sign-up sheet

Saturday, February 18th, 2012 9am-1pm

Cost \$35 per student

Ages 12 and up

Course will be held at: Sharpe Well Drilling
25946 S. Klemme Rd
Crete, IL 60417

Students will need to dress in loose workout-type clothes and gym shoes.

Please bring a snack; we will not be breaking for lunch. Water and coffee will be provided.

If you have a folding/lawn chair, please bring it for yourself.

Please contact us if you have any questions: info@fortressdefense.com 708-522-8060

We have pepper spray and kubotans available at our cost for student purchase after class.

www.fortressdefense.com

-----Tear here-----

Fortress Defense Women's Self Defense Course, Saturday, February 18th, 2012 Cost \$35 per student

Name(s) _____

Please send this form & checks made out to 'Fortress Defense Consultants, LLC' to:
Fortress Defense
PO Box 385
Crete, IL 60417

Payment may be made via paypal on the home page of our Website www.fortressdefense.com

Contact phone number _____

Contact email _____